



DCM Health Requirements

Below is a list of health forms required by grade level. Most items are required prior to the first day of school or the first day of the student's attendance, if start date is after the first day of school.

Grade	State-Required Health Requirements	Due Date
Preschool	State of Illinois Certificate of Child Health Examination (Physical Exam with Immunizations) *required only upon first entry to preschool, not each year	Prior to first day of student's attendance
Kindergarten	State of Illinois Certificate of Child Health Examination (Physical Exam with Immunizations) *required for all incoming Kindergarten students even if previously submitted for preschool Proof of School Dental Examination State of Illinois Examination Report	ALL ITEMS are required prior to first day of student's attendance. If any item is not on file at school, the student may NOT attend school until it is provided.
2 nd Grade	Proof of School Dental Examination	Prior to May 15
6 th Grade	State of Illinois Certificate of Child Health Examination (Physical Exam with Immunizations) Proof of School Dental Examination	Prior to first day of student's attendance Dental - prior to May 15
7 th Grade	Sports Physical (required only if participating in interscholastic sports)	Must be less than 395 days old or athlete may not participate in practice or game.
8 th Grade	Sports Physical (required only if participating in interscholastic sports)	Must be less than 395 days old or athlete may not participate in practice or game.
9 th Grade	State of Illinois Certificate of Child Health Examination (Physical Exam with Immunizations) Proof of Dental Examination	Prior to first day of student's attendance Dental - prior to May 15

Important notes:

State of Illinois Certificate of Child Health Examination

Please fill out "health history" section, sign it and date it.

For any immunizations not completed you must have one of the following: physician's note for medical reason or Religious Exemption Form. Please contact your physician or the school for more information.

Medication Authorization

The School Medication Authorization Form is required each year if you want your student to take over-the-counter or prescription medications at school.

All health forms require a physician signature!

Please make copies for your own records.

For students with Asthma, an Asthma Action Plan must be filled out by your physician.

For students with Diabetes, a Diabetes Action Plan must be filled out by your physician.

For students with a prescribed Epi Pen an Illinois Allergy Emergency Plan and the district's Individual health care plan for food allergies and students at risk for anaphylaxis must be completed by your physician.